

Pentwater Athletic Department Annual Report

2016-2017



**Submitted by: Larry Brown, MAE
Athletic Director Pentwater Public Schools**

2016-2017

Table of Contents

I. Memorandum to the PHS Board of Education

II. Overview

- a. Communication
- b. Sportsmanship
- c. Professional Activities
- d. Fundraising
- e. School Spirit
- f. Student Activities
- g. Community and Men's Gym
- h. Athletic Boosters

III. Pentwater High School

- a. Academic Accomplishments
- c. Varsity & JV Team Athletes who made Honor Roll
- b. Sport Accomplishments

IV. Next Year's Projects

- a. Student Athletic Advisory Council (Fall 2017)
- b. Club Bowling (Winter 2017 or 2018)
- c. Bleachers for Softball and Soccer Field (Spring 2017-2018)
- d. Hall of Fame (Fall 2018-2019)
- e. Athletic Schedules and Posters (Fall 2017)
- f. Multi-Sport Athlete Award (2017-2018)

TO: Scott Karaptian and Pentwater Public Schools Board of Education
FROM: Larry Brown, MAE, Athletic Director
DATE: July 20, 2017
RE: End of Year Report for Athletics 2016-2017

The student athletes of the 2016-2017 school year have continued to build on the traditions of the past while raising the bar higher for future generations. As with previous years, student athletes have continued to reap the benefits of participation in interscholastic athletics including character, discipline, leadership, teamwork, and sportsmanship. The Pentwater Public School District coaches continue to expect our student athletes to be quality citizens, model students and hardworking athletes; and our athletes have answered that call.

The Pentwater Public Schools' athletic program has many people to thank for its continued success this year. The first and most obvious goes to the coaches for their countless hours of dedicated service both on and off the field.

A special thanks goes to Toni Glover who does the work of many in our Athletic Department. She has been instrumental in the success of the Athletic Department at Pentwater schools. Here are just a few of the many jobs that Toni does to help the athletic department run smoothly: on a daily basis she provides the coaches and me with the comfort of knowing that paperwork will be on time and completed accurately, that schedule conflicts will be minimal or avoided due to the double checks she makes, that cash boxes, and rosters are ready.

The next note of success goes to our volunteers and paid helpers. They include Jack Stinebaugh, Bill Kolenda, Yumi Nyberg, Susie Hofmann, Lisa Davis and Bill Sproul. They continue to help when I ask. They have aided in our success as a program of interscholastic sports here at Pentwater. I also wish to thank Dayna Hasil for volunteering her time through her photography business and being so flexible in her scheduling. Additionally, Jim Glover has taken the lead in training our coaches in CPR/AED in our Athletic Department and has been instrumental in providing training to coaches and staff alike. A special thanks to the Athletic Boosters for providing the additional funding for equipment and uniforms to the Athletic Department.

Finally, I would like to thank the Board of Education; Pentwater School Superintendent/Principal, Mr. Scott Karaptian; Pentwater School Assistant Principal, Mrs. Lisa Wagner; IT Director, Steve Rossiter; Business Manager, Martha Baker; Facilities Director, Anthony Davis; School Secretaries, Shelly Hugo and Kelly McClane; for their continued support, confidence and leadership that enables me to do the best job I can for the student athletes of Pentwater Public Schools. As you will see in the attached pages, Pentwater Public Schools has had another very successful year in athletics.

Respectfully Submitted, Larry Brown, MAE Athletic Director

OVERVIEW OF ATHLETIC CONTESTS

Communication:

- Fall, Winter and Spring Student meetings for each sport
- Fall, Winter and Spring Parent/Coaches' meeting
- Implementation of the new Athletic Handbook for PHS
- Implementation of Academic Eligibility every Monday
- Updating of Athletic Information and schedules on the PHS Webpage
- Implementation of new Facebook site titled "Pentwater Athletics" that gain followers weekly
- MHSAA.com athletic schedules and notifications

Sportsmanship:

- Pentwater Boys Basketball has received a letter of sportsmanship and banner from BCAM for exhibiting sportsmanship.
- Athletic Director implemented and talked in a assembly for all elementary students on proper sportsmanship
- Four Students were sent to the MHSAA Sportsmanship training with two coaches for a day of training
- Sportsmanship recognition was earned by the following sports
 - Basketball from last year

Professional Activities:

- Athletic Director:
 - Served on the MHSAA Student Scholarship Committee's
 - Member of Michigan Interscholastic Athletic Administrator Association (servicing 600 member schools) and attended Conference
 - Attended MHSAA Athletic Director Training and updating
 - Member of the West Michigan Athletic Director Association
 - Getting certified with the American Heart Association CPR/AED
 - Attends monthly WMD League meetings for high school and middle school activities
- Head Coaches and Assistant Coaches attend coaches' clinics in their respective sport association. This year we had coaches attend Track, Volleyball, Basketball, and Soccer. Next year besides the ones who attended this year we will have coaches that will attend in Baseball, Softball, and Golf.
- Coaches attended CAP training with MHSAA and became certified by completing CAP 1 and 2 and completing a test. We had 3 basketball coaches and 1 Softball coach. Efforts are being made to send Volleyball, Soccer, Track, and Baseball coaches for next year. Required for Head Coaches.
- 12 coaches from the Athletic Department completed the American Heart Association CPR/AED training and are certified. Required for all coaches
- 12 coaches from the Athletic Department attended an athletic taping training class

Fundraising:

- Fan Cloth athletic gear was offered by 3 coaches for the fall, Winter and Spring that aid their club accounts
- Boys and Girls Basketball programs offered clinics in basketball for young students and proceeds went to their club accounts

- Track offered a Snowman Scramble run where over 130 people participated. Proceeds went to the track and Cross - Country club accounts
- Coaches raised money for their programs through clothing ordering through Fan Cloth

School Spirit:

- Athletic Director implemented a Spirit Squad to enhance school spirit at games
- Spirit Squad composed of Athletic Director and a coach meets on a regular basis on ways to create a positive school spirit for students during school hours and develops activities at games to aid in school spirit

Student Activities

- Athletic of the Week implementation by the Athletic Department
- Athletic Director Implemented:
 - A 5,000 point shooting contest for MS students
 - Morning strength and weightlifting training supervised by Mike Phillips
 - Co-op Football partnership with Mason County Central Schools
 - Co-op Girls Soccer partnership with Mason County Central Schools
 - Girls Softball Program
 - An Equestrian club
 - New physical date for athletes

Community Gym and Men's Group: Supervised by Lisa Davis

- Operated on Sundays from 2:00 pm to 4:00 pm
- Started on 12-4-16 to 4-1-17
- Community group 202 participated
- Men's group 118 participated

Athletic Boosters purchased:

- Uniforms for Girls Basketball
- Uniforms for Girls Softball were purchased
- Equipment for Softball was purchased
- Equipment for Baseball was purchased
- Equipment for Track was purchased
- Equipment for Basketball was purchased
- Uniforms for JV Boys Basketball were purchased
- Balls for Volleyball were purchased
- Balls and nets for soccer were purchased
- Other misc equipment was also purchased for the Athletic Department

Special Athletic Honors

- Linnea McDonough received the MHSAA Female Multi-Sport Athlete Award for Class D
- Grace Alvesteffer received the Scholar Athlete Award for Class D
- Max Stoneman All State Class D Track 400 meters
- Linnea McDonough Basketball Honorable Mention All State
- Grace Alvesteffer Basketball Farmers Sportsmanship Award
- Linnea McDonough Finished in the top ten in the state of all classes in the 3 point competition in Basketball
- Conference Champions in Soccer, Baseball, Volleyball and Girls Track
- State Finals competition in Track (Julie Hall and Max Stoneman)
- Basketball (BCAM) Boys Basketball Sportsmanship Award
- Winter Track competition in Track and Field by Julia Hall, Grace Alvesteffer, and Brianna Adams
- Baseball All District Baseball team: Glenn Miller, Damon Martz, and Phillip Stone

- Golf team was invited to be working hosts at the LPGA Championship competition in Lansing Michigan

**Pentwater School Athletic
Pentwater Athletes that received Individual
Academic Accomplishments**

- Linnea McDonough received recognition on the Academic All State Team by BCAM
- 41 athletes received Scholar Athlete of the Awards from Pentwater School District
- Grace Alvesteffer received the Scholar Athlete Award for Class D by MHSAA
- Max Stoneman made Academic All State in Track
- Jacob Whitford made Academic All District and Regional in Baseball
- Girls Basketball Team made Academic All State
- Linnea McDonough and Anna Hofmann made Academic All State in Volleyball

Varsity & JV Athletes
Honor Roll the first 2 Marking Periods

Fall Sports

Boys' Soccer	8 boys
Boys' Cross Country	3 boys
Girls' Cross Country	4 girls
Volleyball	13 girls

Winter Sports

Boys' Basketball	15 boys
Girls' Basketball	12 girls
Cheer	6 girls

Spring Sports

Baseball	8 boys
Co - Ed Golf	8 boys and girls
Softball	12 girls
Boys' Track	5 boys
Girls' Track	8 girls

**Pentwater School Athletics
Pentwater School individual Athletic Sport Accomplishments**

Fall Sports

Soccer

Varsity Coach: Miguel Quinteros
Middle School Coach: Dan Peña

Summer (Pre-season):

- Handed out a manual with workout sessions and skills for boys to start working on the pre-season.
- Started with Open Fields 3 times a week in the evenings after the 4th of July.

Season:

- Varsity: 18 Athletes
- Middle School: 21 Athletes (16 boys and 5 girls)
- 2 hour practices
- Kept track of personal records for all athletes
- Did cooper's test with Varsity twice so students could compare their fitness level at beginning and mid season.

Honors:

- All Conference "D" League:
 - Billy Sproul -First Team
 - Iain Stewart -First Team
 - Damon Martz - First Team
 - Max Stoneman -First Team
 - Austin Hofmann -First Team
 - Owen Knudsen -Second Team
- All District Team:
 - Billy Sproul
 - Iain Stewart
- We finish 1st in conference with 22 goals in favor and 3 goals against
- Most Valuable: Damon Martz
- Most Improved: Jaxon Anderson
- Sportsmanship Award: Billy Sproul

Positive Program Feedback:

- CPR/AED and First Aid Trained : renewed certification for 2 years
- Dan and Miguel went to MHSAA Soccer Coaches Annual Clinic

VolleyBall

Varsity Coach: Kerry Newberg

J.V. Coach: Laura Sponhauer

J.H. Coach: Wendy Cluchey

Summer (Pre-season):

- Open gym one night a week
- Setting/hitting camp
- Scrimmages with various schools

Season:

- Varsity: 9 Athletes
- JV: 7 Athletes
- Middle School: 8 Athletes
- 1 ½ to 2 hour practices
- Kept track of personal records for all athletes

Honors:

- All Conference 1st team Linnea McDonough, Taylor Wilkinson
- All Conference 2nd team Julia Hall, Terra Cluchey

- Honorable Mention Allison McGregor
- Academic All State Linnea McDonough, Anna Hofmann
- Three time conference champs
- District Champions 4 years in a row
- Regional Finalists 2 years
- Linnea McDonough 1000 career kills

Positive Program Feedback:

- The program has worked hard from becoming bottom places in conference to conference champions
- Teams such as Leland (State champions and runner up) have asked to play in our tournaments
- The team plays a very tough non-conference schedule with mainly higher class schools
- Mlive interview calling Pentwater Volleyball team a dynasty of success
- CPR/AED Trained : renewed certification for 2 years

Varsity and Middle School Cross Country

Varsity Coach: Erika Fatura

Middle School Coach: Erika Fatura

Volunteer Coach: Yumi Nyberg

Summer (Pre-season):

- Put together a list of local races in the area.
- Kicked off the season with a midnight glow run to the beach.
- Had a mile competition where athletes logged in miles and received rewards.

Season:

- Varsity: 11 Athletes (6 boys and 5 girls)
- Middle School: 9 Athletes (6 boys and 3 girls)
- 1.5 hour practices
- Kept track of personal records for all athletes

Honors:

- Honorable Mention All Conference "D" League-Max Stoneman
- MVP: Max Stoneman
- MIP: Madeline Reitsma and Seth Davila
- Sportsmanship: Jake Quinn
- Varsity boys were 4th in the conference

Positive Program Feedback:

- We were able to score a varsity boys, varsity girls and middle school team.
- The team raised \$650 by working the Ragnar relay.
- The team raised \$2000 in our annual Snowman Scram event.
- Added more meets to our schedule this year.
- CPR/AED Trained : renewed certification for 2 years

Winter Sports

Girls Basketball:

Varsity Coach: Jeff McDonough

J.V. Coach: Greg Chye

8th grade: Larry Brown

7th Grade: Kerry Newberg

Varsity Volunteer Assistant Coach: Dave Wilkinson

8th Grade Volunteer Assistant Coach: Bill Kolenda

7th Grade Volunteer Assistant Coach: Dan Foote

Summer:

- Optional team practices for J.V and Varsity - twice a week
- Greg Chye attended BCAM: Coaches Clinic
- Greg Chye attended CAP: Coaches Advancement Program 8 hours in East Lansing
- Attended All coaches meeting @ Pentwater

Pre-season:

- Weight lifting
- One week conditioning
- Attended Booster Meetings
- Conducted a Parent/Athlete Rules Meeting

Season:

- Varsity: 10 Athletes
- JV: 10 Athletes
- JH 16 Athletes
- 1.5 - 2 hour practices
- Film sessions
- Youth camp: 1st grade -8th grade: All varsity players
- Homecoming game
- Pink out game
- Weightlifting: Morning
- Team Dinners before every home game
- Attended Booster Meetings
- Reported to newspapers, MHSAA, radio stations.
- Conducted live interviews with TV and Radio stations
- Conducted a parents night and senior night

Post Season:

- Attended All conference Meeting in Baldwin
- Recommend Athletes for All state honors on BCAM
- Coach Chye took CAP 2: Coaches Advancement Program in traverse City : 8 hours
- Create complete statistic highlight books for all varsity players

Statistics:

- Record: 13-8 Varsity
- Record: 3-12 JV

Honors:

- Madeline Wagner 2nd Team All Conference
- Julia Hall Honorable Mention All Conference
- Linnea McDonough 1st team All Area by Ludington Daily News
- Madeline Wagner 2nd Team All Area by Ludington Daily News
- Julia Hall Honorable Mention All Area by Ludington Daily News
- Linnea McDonough Honorable Mention All State by BCAM
- Linnea McDonough Academic all state by BCAM
- Team Academic All State by BCAM
- Grace Alvesteffer Farmers Sportsmanship award
- Linnea McDonough State top 3 point shooter competition. Finish in the top ten in all classes in the state

Positive Program Feedback:

- Pink out Game: Great Attendance
- Homecoming week. Enjoyed by all
- Player evaluation with rubrics.
- Linnea McDonough missed career 1,000 point club by 3 points
- 2016-2017:CAP 1 and 2 Trained
- 2016-2017: CPR/AED Trained and certified
- 2016-2017:Developed a complete playbook:
- Scout opponents and compile lengthy scouting reports for the team's preparation

- Increased our program numbers from previous

Boys Basketball: Ashley Wojtas

Varsity Coach: Ashley Wojtas

J.V. Coach: Joe Gorton

JH 8th grade: Nathan Pearson

JH 7th grade: Larry Brown and Bill Kolenda

Summer:

- Optional team practices for J.V and Varsity - twice a week
- Team camp @ CMU - both JV and Varsity
- Joe Gorton and Ashley Wojtas attended BCAM: Coaches Clinic
- Joe Gorton and Ashley Wojtas attended CAP: Coaches Advancement Program 8 hours in East Lansing
- Attended MSU Basketbal Practice: Men's team and Women's team
- Attended All coaches meeting @ Pentwater

Pre-season:

- Weight lifting
- 3 man workouts
- One week conditioning
- Attended Booster Meetings
- Conducted a Parent/Athlete Rules Meeting

Season:

- Varsity: 13 Athletes
- JV: 12 Athletes
- 2 hour practices
- Film sessions
- Youth camp: 1st grade -8th grade: All varsity players
- Homecoming game
- Weightlifting: Morning
- Team Dinners before every home game
- Attended Booster Meetings
- Reported to newspapers, MHSAA, radio stations.
- Conducted live interview with WMOM
- CPR/AED: renewed certification for 2 years
- Conducted a parents night and senior night

Post Season:

- Attended All conference Meeting in Baldwin
- Recommend Athletes for All state honors on BCAM
- Took CAP 2: Coaches Advancement Program in traverse City : 8 hours
- Attended Booster Meetings
- Create complete statistic highlight books for all varsity players

Statistics:

- Record: 5-16
- Lost 9 games in the final minute of play
- 2016-2017 Season: Increased our free throw percentage from 30% to 80% by the end of the season
- Shot 36% from the floor
- 504 Total rebounds
- 130 Steals
- Scored 644 total points

Honors:

- 2015-2016: Presented the School with Boys Basketball Sportsmanship Award: Banner hanging in the Gym
- Jacob Whitford: Academic All State
- Billy Sproul: Honorable Mention All Conference "D" League
- MVP: Owen Knudsen
- Rebounding Award: Austin Hofmann
- MIP: Billy Sproul
- Coachable: Max Stoneman
- 6th Man: Philip Stone
- Sportsmanship: Iain Stewart

Positive Program Feedback:

- 2010: Started the Pink out Game: Turned it over to the girls program in 2015 to be played during Homecoming week.
- 2013: Erik Wallstrom 1,000 Career Points and rebounds
- 2015: Split the JH program into two teams.- Increase in number
- 2015: Sam Wagner 1,000 Career Points
- 2016-2017: CAP 1 and 2 Trained
- 2016-2017: CPR/AED Trained and certified
- 2016-2017: Developed a complete playbook: Program 7-12
- 2016 : Program attended a CMU basketball game with parents - Coaches connections with David Mocini : CMU director of Athletic operations
- Scout opponents and compile lengthy scouting reports for the team's preparation
- Increased our program numbers from less than 13 players on JV and Varsity total in 2009 to over 22 athletes by 2017
- 2017: Coached Varsity Boys for 7 Seasons and 2 seasons Varsity Girls: Total 9 years experience

CheerLeading

Varsity Coach: Andrea Gallie

Preseason:

- Fall Pep Rally
- 2 weeks of daily practice to learn cheers and dances

Season:

- Varsity: 8 Athletes
- 2 hour practices
- Ordered Fan Cloth for Winter season
- Homecoming lobby decorations
- Homecoming Halftime show (included "extras" from student body)
- Attended Girls and Boys conference tournaments
- Facilitated pep signs for student body
- Pink Out Game
- Worked closely with Pep Band director to facilitate school spirit and entertainment at games
- Winter pep rally
- Homecoming pep rally

Program Feedback:

- Not having a JH program (due to not being able to hire a coach for the past several years) has negatively impacted the program
- Athletes who are interested in Cheer tend to be different than athletes who want to play basketball
- Pep Squad and Cheerleading could work together to make a real positive impact on home games

Spring Sports

Softball

Varsity Head Coach: Ashley Wojtas

Varsity Co- Head Coach: Steve Rossiter

Summer:

- Attended All coaches meeting @ Pentwater
- Rec Program- volunteer

Pre-season:

- Weight lifting
- Attended Booster Meetings
 - Ran our own concession at games: Boosters passed on providing one
- Conducted a Parent/Athlete Rules Meeting

Season:

- Varsity: 16 Athletes - 3 managers
- 2 ½ hour practices
- Team Dinners between games
- Attended Booster Meetings
- Ran our own fundraising concession stand: Lisa Davis
- Reported to newspapers, MHSAA, radio stations.
- CPR/AED Trained : renewed certification for 2 years
- Conducted a parents night and senior night
- Attended end of the year banquet on May 16th

Post Season:

- Attended All conference Meeting in Manistee: Bungalow
- Recommend Athletes for All state honors
- Took CAP 2: Coaches Advancement Program in traverse City : 8 hours
- Attended Booster Meetings
- Create complete statistic highlight books for all varsity players

Statistics:

- Record: 5-20 regular Season
- Conference: 4-6
- 3rd place in the league

1st year: 2017 Season:

- MIP: Maddy Matulis
- MVP: Anna Hofmann
- Coaches Award: Taylor Ruggles
- Sportsmanship Award: Justice Verschueren

Honors:

- All Conference: Mika Hugo

Positive Program Feedback:

- Starting the program fresh from a 5 year absence
- Ordered all new equipment
- We had continued improvement statistically all season
- We had a player hit an in-park homerun
- We won 5 games in our first season starting a new program
- Used yoga with track to help athletes with flexibility

Future ideas:

- Have a fundraiser in the fall at Golden Sands Golf Course
 - Food, golf scramble, flag donations to hang on field and buy a Pentwater flag for under the American Flag
 - Parents: purchase a softball for your athlete to hang on the fence along the field

- Bring in a clinic to the program to provide additional pitching, catching, fielding, and hitting support.
- Attend a College for Class A or B game as a team.

Baseball

Varsity Head Coach: Rick Magrath

Volunteer Coach: Greg Chye

Volunteer Coach: Jack Stinebaugh

Summer & Preseason

- Attended All coaches meeting @ Pentwater
- Created a Google Classroom for athletes
 - Posted Camp information (Winter and Summer College camps)
 - Posted training videos (Pitching, Hitting)
 - Posted Schedule
 - Posted College Requirements
- Weight lifting encouraged for player
 - Posted guidelines on Google Classroom
 - Posted pictures and information on what exercises were recommended
- Preseason Batting Cages opened on Saturdays after Winter Break
- Attended Booster Meetings
 - Ran our own concession at games: Boosters passed on providing one
- Conducted a Parent/Athlete Rules Meeting

Season

- 14 Varsity Players: 4 seniors, 2 juniors, 5 sophomores, 1 Freshman, 2 Eighth Graders
- Created a **MAXPREPS** site for team: Scores, Statistics, and schedule posted
- Used **REMIND** app to maintain contact with players and parents
- Posted on **Pentwater Athletics Facebook** Page
- We won the WMD Conference Championship
- We were 16-11 overall, but played a pretty tough schedule.
- Attended Boosters Meetings
- Reported to newspapers, MHSAA (Officials)
- CPR/AED Trained : renewed certification for 2 years
- Conducted a parents night and senior night
- Arranged information for end of the year banquet on May 16th (Attended PD)

Post Season:

- Attended All conference Meeting in Manistee: Bungalow
- Attended AI-District meeting in Crystal Mountain
- Recommend Athletes for Post-Season honors
- Attended Boosters Meetings
- Post-Season picnic and Wiffle Ball Game

Statistics

- 11-1 Conference
- 16-11 Overall
- WMD Conference Champions

Awards and Honors

- **Academic All-District and All-Region:** Jacob Whitford (4.0)
- **All-District Team (Crystal Mountain)**
 - Infield: Glenn Miller
 - Outfield: Damon Martz

- Outfield: Phillip Stone
- **All-Conference Team (Manistee)**
 - 1st Team:
 - Glenn Miller
 - Iain Stewart
 - 2nd Team:
 - Damon Martz
 - Phillip Stone
 - Honorable Mention
 - Ryan Hasty
- **Pentwater Awards**
 - MVP: Glenn Miller
 - MIP: Ryan Hasty, Phillip Stone
 - Sportsmanship: Iain Stewart

Post-Season Considerations, Thoughts, and Needs

Pitch Count

- introduction of the pitch-count.
- created a real need for strategy on the part of coaches as we had to keep pitchers under 75 pitches per game in order for them to be available on two days' notice for our conference games (usually Monday-Thursday).
- This actually caused a lot of difficulty when games were either close together (Monday, Wednesday) or for weekend tournaments.
- A team needs to have at least 4 to 5 viable pitchers in order to compete.
- We were fortunate this year, but it will always be a struggle for small schools, especially as we play bigger schools with more pitching (Muskegon Catholic, North Muskegon, etc...).
- Owen Knudsen was so important to me each game as he kept the pitch count for both our pitcher and the opposing team's pitcher, and then did the requisite paperwork and conferencing with the opposing team.

Field Issues

- The infield continues to be a struggle.
- Player safety is a very real concern.
- When the field dries out, it becomes rock-hard and unpredictable, a very real danger for our infielders.
- Players sustained numerous bloody scrapes on legs and arms.
- This year we have ruined a half dozen pair of pants
- The field NEEDS to be watered on a daily basis.
- I've added a couple of websites along with attached documents to consider.
- The outfield is the best in the conference, so it would be great to have an infield that is also superb.
- I recognize that a grass infield might be out of the question because the field is used by rec programs, and softball and little league would ruin the grass because of basepaths, but it does put our team at a disadvantage when we play outside of our conference or in the postseason. All have grass infields.
- This changes fielding and hitting tremendously!
- <http://www.gailmaterials.com/content/infield-skin-maintenance-taboos>
- <http://www.duraedge.com/>

In-Game Food

- Parents were very generous with between game food
- Donna Miller headed up program
- Food offered to visiting teams and officials

Track

Varsity Coach: Erika Fatura
J.H. Coach: Kerry Newberg
J.H. Assistant Coach: Lisa Davis

Pre-Season

- Grace Alvesteffer, Julia Hall and Brianna Adams all attended a couple of indoors meets through the MITS.
- Julia Hall qualified for the MITS indoor State meet in the 100 and long jump.
- Julia Hall, Brianna Adams, and I attended the winter sprints and jumps clinic at Grand Valley State University
- Julia went to a summer track camp at the University of Michigan.
- I attended the MITCA conference in February.

Season:

- Varsity: 18 Athletes (8 boys and 10 girls)
- 1.5 hour practices
- Kept track of personal records for all athletes in all events
- Brianna Adams and Seth Davila attended a high jump clinic with Jim McHugh at Reeths-Puffer.

Honors:

- Total we had 5 1st team all-conference, 6 2nd team all-conference and 7 honorable mentions. MVP: Max Stoneman and Julia Hall
- MIP: Dean Bromley and Lizzy Arnouts
- Sportsmanship: Madeline Reitsma
- Coach's Award: Jake Quinn
- Varsity boys were 3rd in the conference
- Varsity Girls were co-champions on the conference
- Max Stoneman was all state in the 400 meter.
- Max Stoneman was academic all state in the 400 meter.
- Julia Hall qualified for the state meet in the 100, 400 and long jump. Max Stoneman in the 400 and Grace Alvesteffer in the shot put.

Positive Program Feedback:

- Girls were Co-WMD champs for the first time in school history.
- The team raised \$650 by working the Ragnar relay.
- The team raised \$2000 in our annual Snowman Scram event.
- CPR/AED Trained : renewed certification for 2 years.
- Had 3 State qualifiers.
- Girls had new uniforms this year (share with cross country).
- Thanks to Brian Fillion, we have permanent colored markers on the track.
- Bought 6 new hurdles and 3 new starting blocks with donation money.
- Boosters purchased a long jump runway and board.
- Purchased a permanent board for the track and field records for the lobby.

Golf

Varsity Coach: Alicia Kolenda
Assistant Volunteer Coach: Jeff McDonough

Summer (Pre-season):

- Dunes Jr. Golf Camp the Pentwater Varsity Players are encouraged to teach youth golfers, and be volunteers in the Dunes Junior Golf Camp assisting youth ages 4-17.
- Dunes Junior Golf Tour is designed for area golfers to have a tournament based system encouraging the growth of golf. It is a week to week system on Thursdays starting mid July and running through mid August.

- All players are encouraged to participate in summer golf tournaments such as Drive Chip Putt, Meijer Tour, and West Michigan Golf Tour.
- POST SEASON:
 - Our Golf Team was invited to host our Dunes Junior Golf Camp to teach at the LPGA Blythefield Championship this June! We taught for 5 hours, over 50 kids, in an accredited LPGA format with the First Tee and the LPGA!

Season:

- 2016: 17 athletes on the team
- 2017: 10 athletes on the team plus one team manager
- Invitationals 2017
 - Ludington Invitational
 - Montague Wildcat Invitational
 - Traverse City Invitational
 - Shelby Invitational at Oceana
 - Shelby Invitational at Benona - 1st Place
 - Oceana County Tournament - 1st Place
 - Bear Lake Invitational - 1st Place
- College Level Experience
 - Calvin College Day where we tour the Golf Program with the Calvin Golf Team

Honors:

- All Conference 1st team Gannon McDonough
- All Conference 1st team Will Kolenda
- All Conference 1st team Seth Matulis
- All Conference 2nd team Linnea McDonough
- All Conference 2nd team Wyatt Collins
- All Conference 2nd team Taylor Wilkinson

Positive Program Feedback:

- Linnea McDonough signed on to play college level golf at Calvin College!
- Increasing to add Traverse City Invitational helped offset the loss of Districts to our sport. With adding this tournament, the team was able to compete at a higher level against teams that are in our new region.
- We also added the Benona Invitational this year that was helpful with the loss of the Mona Shores Invitational. This smaller invitational was at a less competitive scale, and we were able bring some of our B team players to compete. We are proud to have won this invitational!
- We have so many top 10 places, individually, and as a team. Please look back at our facebook site for all of the amazing accomplishments our team has completed this year!
 - <http://m.me/493105920838406>
 - Pentwater Varsity Golf Team on Facebook